

Aquatics

POOL SCHEDULE

September 11th - December 17th



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		Aquafit 6:15 - 7:00 pm	Cyclone Swim Club 6 - 7:30 am	Aquafit 6:15 - 7:00 pm	Cyclone Swim Club 6 - 7:30 am		
7:00 AM							
8:00 AM		Lane Swim 7:30 - 8:50 am	Lane Swim 8 - 9:30 am	Lane Swim 7:30 - 8:50 am	Lane Swim 8 - 9:30 am	Lane Swim 8 - 8:50 am	
9:00 AM		Aquafit 9 - 9:45 am	Family Toonie Swim 9:45 - 10:45 am	Aquafit 9 - 9:45 am		Aquafit 9 - 9:45 am	
10:00 AM	Family Swim 10:00 - 12:00	Aqualite 10 - 10:45 am		Aqualite 10 - 10:45 am		Aqualite 10 - 10:45 am	Lane Swim 9:30 - 11:00 am
11:00 AM							
12:00 PM		Lunch Lengths 12 - 12:50 pm	Lunch Lengths 12 - 12:50 pm	Lunch Lengths 12 - 12:50 pm	Lunch Lengths 12 - 12:50 pm	Lunch Lengths 12 - 12:50 pm	Cyclone Swim Club 11:30 - 2:30 pm
1:00 PM							
2:00 PM	Toonie Swim 1:30 - 3:00 pm		Lane Swim 2:15 - 3:15 pm		Lane Swim 2:15 - 3:15 pm		
3:00 PM							Toonie Swim 3:00 - 4:30 pm
4:00 PM							
5:00 PM		Cyclone Swim Club 4 - 7:00 pm		Cyclone Swim Club 4 - 7:00 pm			Family Swim 5:00 - 6:30 pm
6:00 PM			Masters 6 - 7:00 pm		Masters 6 - 7:00 pm		
7:00 PM		13+ Fitness 7:15 - 8:15 pm		Lane Swim 7:15 - 8:15 pm			
8:00 PM							
9:00 PM							
10:00 PM							

Due to a shortage of lifeguards, changes to the pool schedule may need to be made on short notice. We are doing everything we can to minimize disruptions to service, and ask for your patience and understanding should scheduling changes occur. For more information, please call the Memorial Sports Centre at 807-274-4561.